

Feedback from Strengths based practice and Tools for change using creative group work– Hobart, 10th and 11th June 2010

Feedback from the end of course evaluation form

		Course feedback	Percentage	
No. of participants		40		
Length in days		2		
No. of completed evaluations		18	45%	
Expectation?	Yes	10	56%	
	Partly	8	44%	
	No	0	0%	
Level of training	Too High	0	0%	
	Just Right	16	89%	
	Too Low	2	11%	
Facilitators Attitude - Poor	1	0	0%	
	2	0	0%	
	Okay	3	0%	
	4	3	17%	
	Great	5	15	83%
Facilitators Knowledge - Poor	1	0	0%	
	2	0	0%	
	Okay	3	0%	
	4	4	22%	
	Great	5	14	78%
Way the workshop was run - Poor	1	0	0%	
	2	0	0%	
	Okay	3	3	17%
	4	6	33%	
	Great	5	9	50%
Handouts	not enough	0	0%	
	Ok	6	33%	
	very useful	12	67%	

Key outcomes

- 56% of participants thought the workshop *achieved what they expected*.
- 89% of the participants thought the workshop was pitched at the right level.
- 100% of participants reported the facilitator's attitude was *very good to great*.
- 100% of participants reported the facilitator's knowledge of the subject was *very good to great*.
- 83% of participants reported the way the course was run was *very good to great*
- 67% of participants who completed evaluations reported the handouts were very useful

Qualitative feedback

Has the training program covered what you expected? If partly or no, why?

- I didn't expect so much theory, but I appreciated what was offered.
- Expected more group info latest practice but manual should do this.
- Not all material in book – demonstrated in a practical way – some of it would have been useful
- Expecting more practical based strategies
- Wanted more group (small) work
- I thought more practical group based activities would be covered and how to engage non-speakers in groups. But information was still useful and enjoyable though.

What topic/issue has been the most important for you?

- Groupwork – different styles of learning. How to promote a specific group without scaring people off. Strategic questions in the booklet are very useful as a way of learning.
- Safety/challenge balance
- Learning about strengths based practice for the first time really. I'm encouraged to access resources and use it more often/embed it in my nursing practice.
- Using groups/ strengths based approach in the 'system' to effect change
- Strategic questioning
- Strengths based practice explained in detail. Continuum work, and small group work discussions.
- Groupwork challenges
- Safety/risk, strategic questioning, focal conflict model, use of continuum, group exercises with clouds, pictures, colours, Susan's store exercise
- Strength based practice – spending time refocusing on this framework
- Creative and practical based approaches to groupwork
- None specific
- Principles
- Groupwork
- Strength based focus – recovery, positives and resilience
- Tension
- Engaging participants, discussing difficulties in utilizing this approach, 4 quadrant approach

What topic/ issue has been the least important for you?

- Solution focused material only because I have already covered this in my tertiary studies
- All relevant
- The focus seemed to be more on long-term support groups. I had trouble relating it to my population (inpatients) at times.
- The client journey exercise was too long for me. Would have preferred more examples of strengths based approaches as some people didn't shift and needed more contrasting examples
- All relevant
- Focus on philosophy/theoretical aspects of strength based approach
- Group leadership

What impact will this training have on your work?

- It has provided me with new ways of looking at some things. I can incorporate this knowledge into my way of working with people.
- Powerful/practical impact
- It will give me confidence and tools, and inspiration to work with people more efficiently
- Refocus current skills and knowledge
- Validates current approach
- Will assist me a great deal in managing group dynamics/ co-facilitation relationship
- Not sure
- It will be a significant influence
- Refocus me to use a more strength based approach particularly with more challenging clients
- Ability to focus on individual's strengths
- Considerable
- Huge, our clients want to be part of group sessions and to facilitate these sessions is my goal

- Use continuum more
- Inspired to have a go at new things
- It will create a slight shift In focus of group work activities

Any other comments about the training course

- Worthwhile, interesting and interactive
- A sincere thank-you to Anglicare for bringing Andrew to Tasie. A fantastically relevant, enjoyable and empowering workshop.
- Really creative. Thank-you!
- More experiential stuff on day one. Too much reading from PowerPoints.
- Follow on course with more specific group work design and development, and evaluation would be great
- Thanks!
- Great interaction with the group
- Will be recommending
- Everyone should do it
- I liked the feeling cards – will definitely be downloading these to use. I also enjoyed the fact that it challenges and questions the medical model. I feel I have added some tools to my toolbox!